



REGULAR ARTICLE

Exploring the Impact of Electromagnetic and Optical Radiation on Physical and Biological Objects and Artifact Reduction using Model-Based Iterative Reconstruction

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This research investigates the multifaceted effects of electromagnetic and optical radiation on physical and biological entities, spanning a spectrum from fundamental physical interactions to intricate biological responses. The study encompasses electromagnetic radiation, including radio waves, microwaves, infrared, visible light, ultraviolet, X-rays, and gamma rays. It aims to elucidate the diverse consequences of electromagnetic radiation on physical objects, considering phenomena such as heating, photoelectric emission, and ionisation. Concurrently, the research delves into the intricate interactions between electromagnetic radiation and biological entities, encompassing ionizing and non-ionizing radiation. Furthermore, the research seeks to understand the impact of artificial light sources, especially those rich in blue wavelengths, on circadian rhythms, photosynthesis in plants, and animal vision. It also illustrates the Artifact introduced by electromagnetic and optical radiation in medical imaging. We proposed the Model-Based Iterative Reconstruction (MBIR) method to address the Artifact Reduction. The findings are anticipated to contribute to developing strategies for mitigating potential risks and harnessing beneficial applications in various scientific, medical, and technological domains.

Keywords: Electromagnetic radiation, X-rays, Signal-to-noise ratio (SNR), Magnetic resonance imaging, Ultrasound, Computed tomography, Model-Based Iterative Reconstruction (MBIR).

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1. INTRODUCTION

In an era dominated by technological advancements, the pervasive presence of electromagnetic and optical radiation has become an integral aspect of our daily lives. From the ubiquitous use of wireless communication technologies to the illumination provided by artificial lighting sources, the influence of these radiations extends across diverse domains. This research explores electromagnetic and optical radiation's profound impact on physical and biological objects, seeking to unravel the intricate interplay between these fundamental forces and the complex structures they encounter.

Electromagnetic radiation encompasses a vast spectrum, ranging from low-frequency radio waves to high-energy gamma rays. This spectrum permeates our surroundings, interacting with physical objects in ways that give rise to diverse phenomena. Understanding the effects of electromagnetic radiation on physical entities involves delving into the fundamental principles of wave-

particle interactions. Whether it be the resonant absorption of microwaves by materials, the ionization of atoms induced by X-rays, or the thermal effects of infrared radiation, the consequences on physical matter vary and are profound.

Simultaneously, biological objects, including living organisms and cellular structures, are sensitive electromagnetic and optical radiation recipients. The dynamic interplay between radiation and biological entities is a multidimensional puzzle involving considerations of energy absorption, molecular resonance, and potential cellular responses. The biological ramifications extend from the molecular level, where DNA may be susceptible to damage, to broader ecological implications, such as the impact of light on plant growth or the influence of artificial lighting on circadian rhythms in animals.

Exploring optical radiation within the visible light spectrum introduces a unique dimension to this research. Beyond its role as a perceptible form of energy, visible light is a vital environmental cue for numerous biological

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organisms, orchestrating processes as diverse as photosynthesis, vision, and circadian regulation. Moreover, the advent of artificial light sources, particularly those rich in blue wavelengths, raises questions about potential consequences for biological and human systems, including implications for health and well-being.

As we navigate an increasingly interconnected and illuminated world, a comprehensive investigation into the impact of electromagnetic and optical radiation on physical and biological objects is imperative. This research endeavours to bridge the disciplines of physics and biology, aiming to uncover the mechanisms underlying these interactions and to inform strategies for mitigating potential risks and harnessing the beneficial applications of these radiations across scientific, medical, and technological domains. Through this exploration, we seek to advance our understanding of the intricate relationships between radiation and the living and non-living components of the environment.

The literature survey demonstrates the diverse facets of research into the impact of electromagnetic and optical radiation on physical and biological objects, covering non-ionizing and ionizing radiation, circadian rhythms, DNA damage, plant physiology, and ocular health. These seminal works lay the groundwork for a comprehensive understanding of the intricate relationships between radiation and living organisms. The comprehensive review delves into the biological effects of non-ionizing radiation, including radiofrequency and microwave radiation. The authors examine studies on the potential health impacts, covering topics from oxidative stress to cellular responses, providing a foundation for understanding the intricate interplay between non-ionizing radiation and living organisms [1].

Focused on the optical spectrum, this classic work investigates the influence of light on circadian rhythms [2]. The authors discuss the molecular mechanisms by which light impacts biological clocks and explore the potential implications for human health, sleep, and overall well-being.

The illustration [3] in the Image Reconstruction and Processing using MBIR and the working of MBIR on different datasets generated by Electromagnetic and Optical Radiation devices.

The study [4] explores the effects of electromagnetic fields on plant growth and development. Maffei investigates the signalling pathways and molecular responses in plants exposed to varying electromagnetic conditions, shedding light on the intricate relationship between electromagnetic radiation and the botanical realm.

Focusing on the optical spectrum [5], this review examines the molecular and epidemiological evidence regarding the impact of blue light on human health.

This comprehensive review [6] assesses the various sources of electromagnetic fields and their potential effects on human health. [7-10] illustrates using image datasets obtained from Electromagnetic and Optical Radiation devices in various applications.

2. SYSTEM DESIGN

Research on "Electromagnetic Radiation in Medical Imaging" involves a multi-faceted approach, incorporating various methods, algorithms, and flowcharts to ad-

dress specific aspects of the topic. Below are key research algorithms that can be employed in investigating the impact, optimization, or innovation in the context of electromagnetic radiation in medical imaging.

2.1 Image Reconstruction Algorithms

Develop and optimize algorithms for reconstructing high-quality medical images from raw data obtained through electromagnetic radiation-based imaging techniques [11]. This can include iterative reconstruction methods to enhance image quality while minimizing radiation exposure [12].

2.2 Dose Reduction Algorithms

Design algorithms to optimize radiation dosage without compromising diagnostic image quality [13]. Implement automatic exposure control and adaptive collimation techniques to tailor radiation levels based on patient characteristics and imaging requirements [14].

2.3 Artificial Intelligence for Radiation Dose Prediction

Utilize machine learning algorithms to predict and optimize radiation doses for individual patients [15]. Train models on large datasets to identify patterns and correlations between patient characteristics and appropriate radiation dosages.

2.4 Image Processing Algorithms for Artifact Reduction

Develop algorithms for post-processing medical images to reduce artefacts caused by electromagnetic radiation. This can involve the application of filters and correction techniques to enhance image clarity [16].

Medical imaging is becoming increasingly important in diagnosing and treating oncological patients, especially in electromagnetic radiotherapy. Image-guided radiation therapy (IGRT) may use:

1. Computed tomography (CT)
2. Magnetic resonance imaging (MRI)
3. Ultrasound (US)
4. X-ray to scan the tumour

One notable in medical electromagnetic radiation image analysis is the algorithm that has gained attention for its potential to optimize radiation exposure in medical imaging is Model-Based Iterative Reconstruction (MBIR). In this research work, the working principle of MBIR is illustrated with medical images. Model-based iterative Reconstruction (MBIR) for electromagnetic radiation images involves formulating mathematical equations representing the imaging system, the measured data, and the iterative reconstruction process. The algorithm aims to iteratively refine the reconstructed image based on a forward model and constraints. Below is a generic outline of the MBIR algorithm with mathematical equations

1. Initialization
Start with an initial estimate of the image, $x(0)$
2. Forward Model
Use a forward model to simulate the acquisition process

$$y(k) = A \cdot x(k) + n(k)$$

where:

- $y(k)$ is the measured data at iteration k
- A is the system matrix representing the imaging system
- $x(k)$ is the current image estimate at iteration k
- $n(k)$ is the noise

3. Data Fidelity

Define the data fidelity term, often using a least-squares criterion

$$f_{data}((k)) (x) = 1/2 \left[\|y^((k)) - A \cdot x\| \right]^2$$

4. Regularization

Introduce a regularization term to impose constraints on the image

$$f_{reg}((k)) (x)$$

5. Cost Function

Formulate the cost function as a combination of data fidelity and regularization

$$f_{total}((k)) (x) = f_{data}((k)) (x) + \lambda f_{reg}((k)) (x)$$

where λ is a regularization parameter.

6. Gradient Descent Update

Update the image estimate using gradient descent

$$x^((k+1)) = \left[x^((k)) - \alpha \nabla f \right]_{-}^+(x^((k)))$$

7. Iterative Update

Repeat steps 2-6 for a predefined number of iterations or until convergence

8. Output

The final image estimate, $x(\text{final})$, represents the reconstructed image

3. RESULTS AND DISCUSSION

In the realm of medical imaging, Model-Based Iterative Reconstruction (MBIR) has emerged as a powerful technique for enhancing the quality of reconstructed images [17]. By incorporating a mathematical model that represents the imaging system's characteristics and noise profile, MBIR aims to mitigate artefacts and improve image fidelity. The input to the MBIR process typically consists of raw projection data acquired from the imaging system. The iterative nature of the reconstruction algorithm refines the image reconstruction through successive cycles, gradually converging towards a more accurate representation of the underlying anatomy.

Table 1 – Image Datasets

Sl. No	Dataset	Link
1	Computed tomography (CT), Chest CT-Scan images Dataset	https://www.kaggle.com/datasets/mohamedhanyy/chest-ctscan-images
2	Magnetic resonance imaging (MRI), Brain Tumor MRI Dataset	https://www.kaggle.com/datasets/masoudnickpavar/brain-tumor-mri-dataset/code
3	Ultrasound (US) Breast Ultrasound Images Dataset	https://www.kaggle.com/datasets/aryashah2k/breast-ultrasound-images-dataset

4	X-ray to scan tumour Brian Tumor Dataset	https://www.kaggle.com/datasets/preetviradiya/brian-tumor-dataset
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The output of MBIR often showcases notable improvements in image sharpness, contrast, and overall signal-to-noise ratio compared to traditional reconstruction methods. The discussion surrounding MBIR outcomes may delve into the trade-offs between computational complexity and image quality and considerations for dose reduction in medical imaging applications. Additionally, addressing specific clinical scenarios and the potential impact on diagnostic accuracy can further enrich the discourse on the efficacy of MBIR in advancing the field of medical imaging. Table 1. Shows the dataset considered from kaggle to demonstrate the working of MBIR.

Figures 3.1, 3.2, 3.3 and 3.4 illustrate the results of MBIR on different datasets along with the SNR values.

Exploring the impact of electromagnetic and optical radiation on physical and biological objects holds paramount significance in understanding the intricate interactions between these forms of energy and matter.

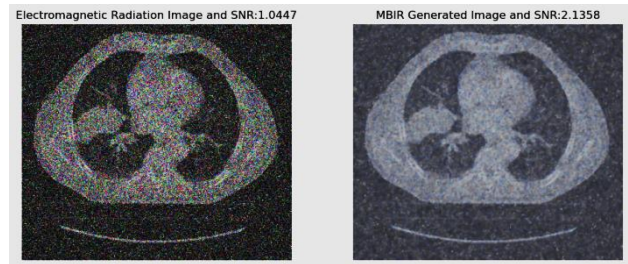


Fig. 3.1 – Output of MBIR for input 000118(5).png taken from Chest CT-Scan images Dataset

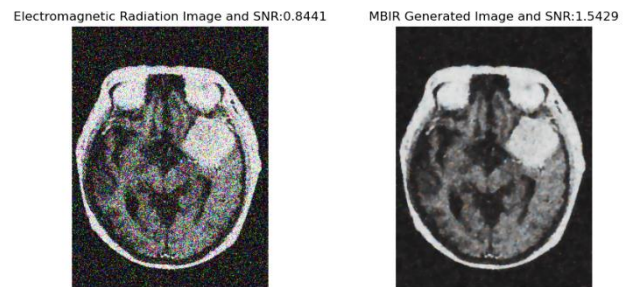


Fig. 3.2 – Output of MBIR for input Te-meTr_0005.jpg taken from Brain Tumor MRI Dataset

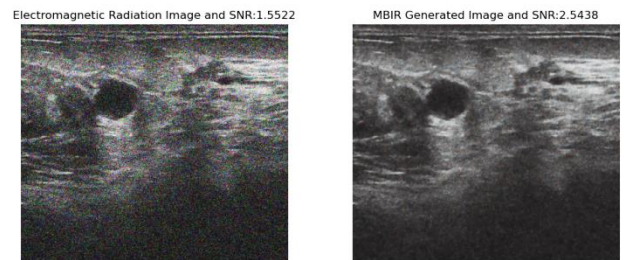


Fig. 3.3 – Output of MBIR for input benign (106).png taken from Ultrasound images Dataset

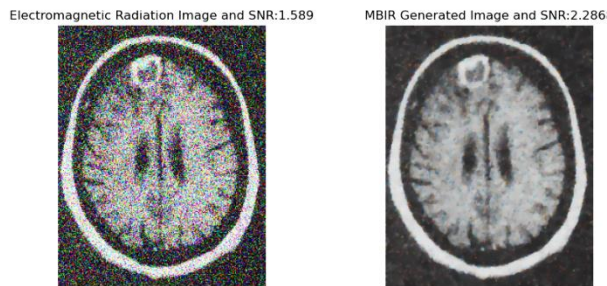


Fig. 3.4 – Output of MBIR for input Cancer (1012).jpg taken from X-ray Dataset.

This research advances comprehension of fundamental physical phenomena and plays a pivotal role in diverse fields such as medical imaging, materials science, and environmental monitoring. Using Model-Based Iterative Reconstruction (MBIR) in artefact reduction further enhances the precision and quality of data obtained through these imaging techniques. By employing sophisticated models and iterative processes, MBIR contributes to refining imaging results, minimising distortions and artefacts, thus fostering more accurate analyses and diagnoses. The synergistic integration of electromagnetic and optical radiation exploration with advanced reconstruction methodologies stands at the forefront of scientific and technological progress, with implications for improved healthcare diagnostics, enhanced materials characterisation, and a deeper understanding of the natural world.

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4. CONCLUSION AND FUTURE WORK

In conclusion, exploring the impact of electromagnetic and optical radiation on physical and biological objects reveals a complex interplay between these forms of energy and the target systems. From a physical perspective, electromagnetic radiation exhibits versatile behaviours, influencing the properties and interactions of matter across various scales. Optical radiation, a subset of electromagnetic radiation, further adds nuances to this interaction, particularly in the context of wavelength-dependent effects. In the biological realm, the impact of radiation spans from potential therapeutic applications in medicine to concerns about environmental and occupational exposures. In this work, we illustrated the use of MBIR by considering the four datasets generated from Electromagnetic and Optical Radiation techniques. Understanding the intricate mechanisms by which electromagnetic and optical radiation affect physical and biological objects is crucial for optimising technological applications, ensuring safety standards, and advancing comprehension of fundamental principles governing these interactions. Future research in this field holds promise for innovative technologies, improved medical interventions, and a more nuanced appreciation of the broader implications for both the physical and biological domains.

Дослідження впливу електромагнітного та оптичного випромінювання на фізичні та біологічні об'єкти та зменшення артефактів за допомогою ітеративної реконструкції на основі моделі

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Досліджується вплив електромагнітного та оптичного випромінювання на фізичні та біологічні об'єкти, охоплюючи широкий спектр від фундаментальних фізичних взаємодій до складних біологічних реакцій. Дослідження охоплює електромагнітне випромінювання, включаючи радіохвилі, мікрохвилі, інфрачервоне, видиме світло, ультрафіолет, рентгенівські та гамма-промені. Він має на меті з'ясувати різноманітні наслідки електромагнітного випромінювання для фізичних об'єктів, враховуючи такі явища, як нагрівання, фотоелектричне випромінювання та іонізація. Одночасно дослідження заглиблюється в складну взаємодію між електромагнітним випромінюванням і біологічними об'єктами, охоплюючи іонізуюче та неіонізуюче випромінювання. Крім того, дослідження спрямоване на те, щоб зрозуміти вплив штучних джерел світла, особливо джерел синього світла, на циркадні ритми, фотосинтез у рослин і зір тварин. Це також ілюструє артефакт, створений електромагнітним і оптичним випромінюванням у медичній візуалізації. Ми запропонували метод ітеративної реконструкції на основі моделі (MBIR) для вирішення проблеми зменшення артефактів. Очікується, що отримані результати сприятимуть розробці стратегій пом'якшення потенційних ризиків і використання корисних застосувань у різних наукових, медичних і технологічних областях.

Ключові слова: Електромагнітне випромінювання, Рентгенівське випромінювання, Відношення сигнал/шум (SNR), Магнітно-резонансна томографія, Ультразвук, Комп'ютерна томографія, Ітераційна реконструкція на основі моделі (MBIR).